Club Handbook 2.2.11. S & C Coach



## 2.2.11. S & C Coach

## **ABOUT THE ROLE**

The club will employ the services of a qualified S & C coach to run programs for players across the FQ Academy and FQPL space.

## **APPLICANT REQUIREMENTS**

- Applicants must hold a minimum of level 1 sports trainer certificate and must have a background in strength and conditioning.
- Must work with the Physiotherapist, Technical Director, and Head Coaches to deliver a S & C program suitable to the players conditioning requirements.
- Must manage player testing data and additional bio banding and PHV data for our junior players.